

## Welcome to Freshmen Connection!

This is an excellent course for freshmen and freshmen only to take. Freshmen Connection is an introductory classes that will help freshmen adjust better to their new high school life. Topics including relationships, study skills, test taking strategies, general organizational practices, beginner cooking skills, and the discussion of relevant personal issues that students deal with today in Huron High School. This course will also help familiarize students with the importance of a four-year scheduling plan and the availability of various clubs and programs specific to HHS.

### Classroom Rules

1. Respect yourself, your peers, school equipment, and your teachers-, which includes NO NAMECALLING OR PROFANITY!
2. ALWAYS raise your hand to speak.
3. Always be prepared for class (pencil and your notebook). I will not provide this for you.
4. Please follow the instructions the first time they are given.
5. Stay in your seat or in your kitchen until the bell rings. (No lining up at the door).

### Lab Rules

1. Absolutely no horse- play. What horseplay is- is determined by the teacher! - Your lab grade will solely be based on your behavior and your clean up.
2. Clean up always begins 10 minutes before the bell rings.
3. You must fill out a job sheet in order to get a grade for the lab.
4. All dirty towels and washcloths go in the laundry baskets labeled "dirty".
5. All dishes used are to be washed by hand and put back in the assigned kitchen cupboard before the bell rings.
6. No one from another lab group is permitted in another group's kitchen area unless instructed to do so.
7. The kitchens are brand new, so if anyone is showing them disrespect, they will be given a detention IMMEDIETLY.

## Materials

You will need a **folder with some loose -leaf paper** in it. ALWAYS come prepared to class with your notes, something to write with, and something to write on, even if we are cooking that day. You will be graded on your organization of your notebook. Folders may be kept in my room in the correct storage container. If papers are left out in my room, they will be thrown away.

## Cheating:

Any student caught cheating will earn no points on the assignment/quiz/test. A second offense will result in an office write-up/detention. Working together on class assignments unless instructed to by the teacher is considered cheating.

## Attendance-

3 class tardies= After school detention with teacher cleaning

5 class tardies= Referral to office

When a student is absent it is solely up to them to make up their work. It is not the teacher's responsibility to hunt the student down. Late work must be asked for before or after class...NOT DURING class.

However many days the student is absent is how many days they have to make up their work.

**LATE WORK-** will be accepted up to ONE WEEK after assigned (unless otherwise discussed) Student must realize that overdue work will still have points taken off. After one week it will become a zero.

**Textbooks-** Textbooks are not to be taken out of the classroom UNLESS they are signed out with proper name and # on Mrs. Fahr's clipboard by the door. Students are responsible for books that are not returned.

### Consequences- (may depend on circumstances)

- 1<sup>st</sup> offense- Verbal Warning
- 2<sup>nd</sup> offense- Teacher Detention before or after school
- 3<sup>rd</sup> offense- After school detention- assigned by office
- 4<sup>th</sup> offense- Office referral (class removal)

### Grading Scale

- A -100-90
- B -89-80
- C -79-70
- D -69-60
- F -59-0

THIS MUST BE SIGNED AND RETURNED BEFORE ANY STUDENT MAY BEGIN TO COOK!

## Tentative Course Outline

Organization/Responsibility  
Using your Agenda  
Character  
Friendships and Relationships  
OGT Preparation and website  
Study Skills  
Stress Management  
Values and Goals  
Money Management  
Personal Safety  
Food Safety  
Kitchen Equipment  
Kitchen procedures  
Minor Cooking  
Nutrition  
Food Pyramid  
Food Units in Reference to the Pyramid  
Cardiovascular Fitness/Weight Management  
Beginner Sewing

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I have read all of Mrs. Fahr's rules and expectations in which my  
son/daughter \_\_\_\_\_ must meet.  
(Child's name)

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(Parent Signature)

I have read all of Mrs. Fahr's rules and expectations in which I will meet.

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(Student signature)

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TO COOK!**